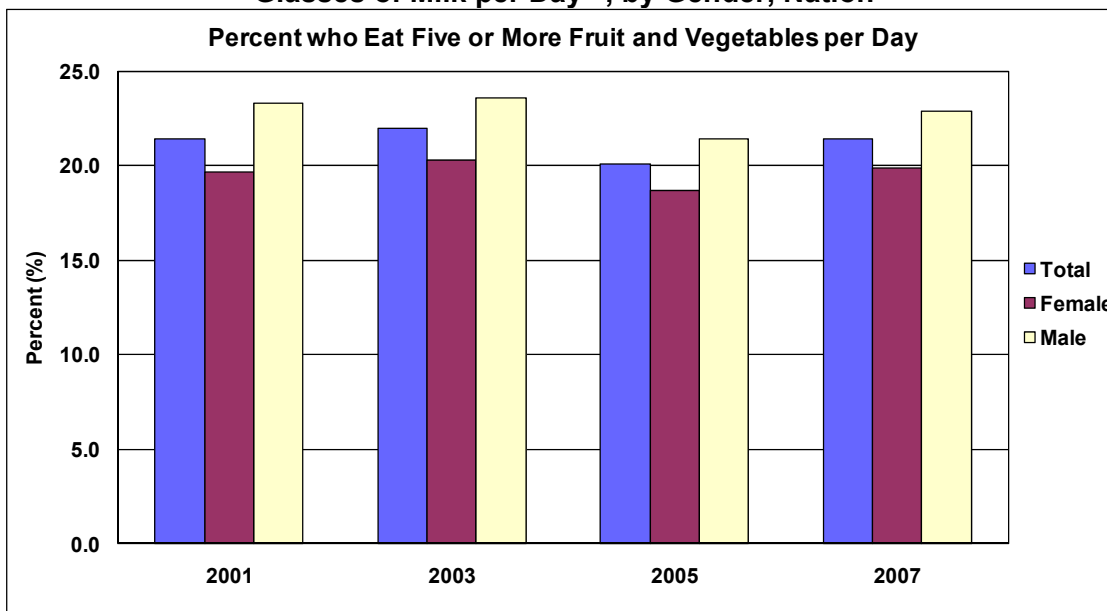
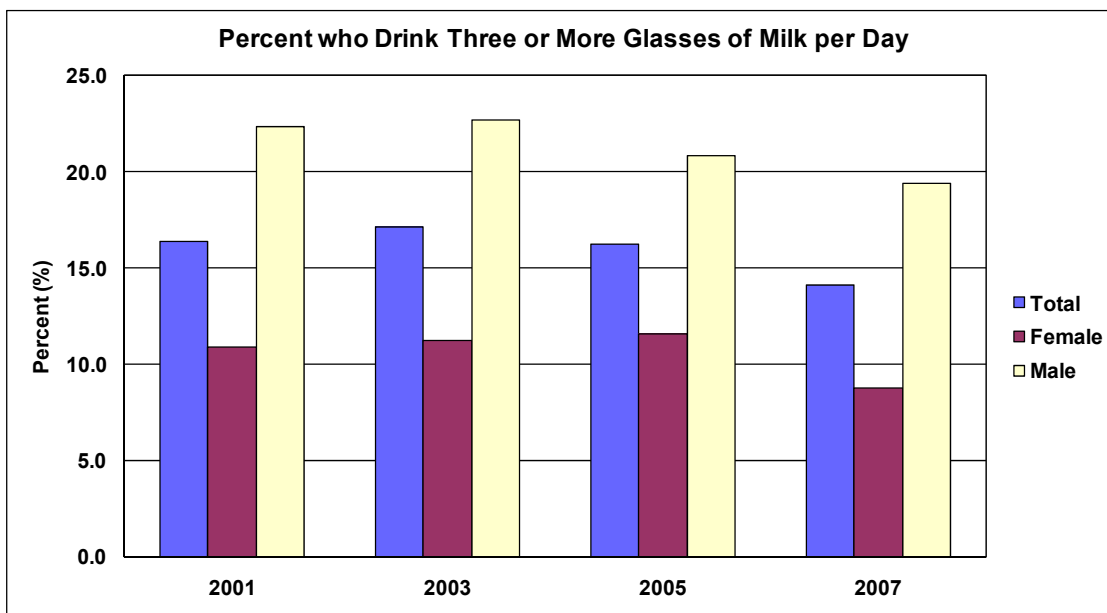


2001-2007 Percent of Youth Who Eat Five or More Fruit and Vegetables per Day* and Who Drink Three or More Glasses of Milk per Day, by Gender, Nation**



	Percent Youth Who Eat 5 or More Fruit and Vegetables Per Day			
	2001	2003	2005	2007
Total	21.4	22.0	20.1	21.4
Female	19.7	20.3	18.7	19.9
Male	23.3	23.6	21.4	22.9



	Percent Youth Who Drink 3 or More Glasses of Milk per Day			
	2001	2003	2005	2007
Total	16.4	17.1	16.2	14.1
Female	10.9	11.2	11.6	8.8
Male	22.3	22.7	20.8	19.4

Source: CDC Youth Risk Behavioral Surveillance System, 2001-2007

* Percent of students with 5 or more aggregate servings per day taken from responses to questions asking how many times in the past 7 days respondents did: drink 100% fruit juices such as orange juice, apple juice, or grape juice; eat fruit; eat green salad; eat potatoes; eat carrots; eat other vegetables.

**Percent of students responding "3 Glasses per Day" or "4 or More Glasses per Day" to question: "During the past 7 days, how many glasses of milk did you drink?"